



NORWAY

“SKI & SAIL”

2024

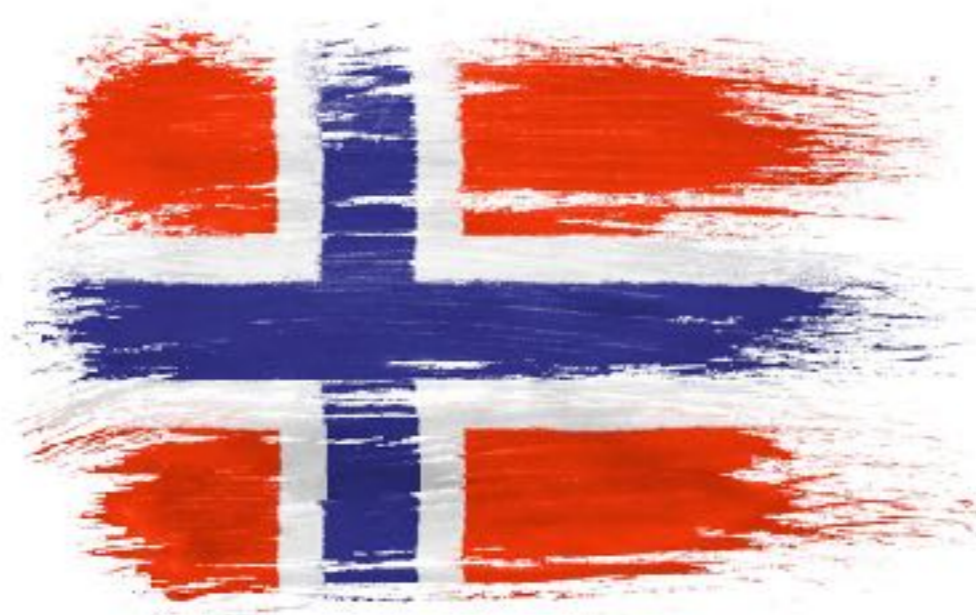


Region	Tromsø and Lyngen	Elevation	0 - 1800m
Season	March - May	Favourite Run	Uløya Tinden
Duration	8 Days	Guide to Guest Ratio	2:10
Difficulty	Intermediate/Advanced		

Located in Norway at 69° North, the Lyngen Alps are one of the most unique and greatest ski destinations IN THE WORLD. This mountain range offers a lifetime of ski mountaineering objectives that few places on earth can match. The Lyngen Alps are famous for couloir skiing and big steep faces. Intermediate and Advanced skiers will feel challenged and rewarded. The glaciers and summits offer magnificent views of the ocean and fjords.

The ideal time to ski here begins in March and can last all the way to the end of May when you can ski in the sun 24 hours of the day. It is truly a unique experience being able to sleep in and then ski alpenglow at 11pm in the evening.

#notracksnopeople



A wide-angle photograph of a winter landscape. In the foreground, a snow-covered slope with several small, bare trees leads down to a frozen lake. Three skiers are visible on the left side of the lake, standing on the snow. The background features a range of rugged, snow-capped mountains under a cloudy, overcast sky. The overall tone is cool and atmospheric.

EXAMPLE ITINERARY

(JUST AN EXAMPLE. EXPECT YOURS TO BE CUSTOM TO YOU!)

DAY 1

April 23rd, Accommodation: Magic Mountain Lodge

Land in Tromsø. Rent a Vehicle and Drive to Lyngseidet. Check into Magic Mountain Lodge and meet your guide for a pre trip briefing, Paper work and info session.

DAY 2

April 24th, Accommodation: Magic Mountain Lodge

Have a good breakfast pack, your lunch head out for your day. Location will be determined based on weather and avalanche hazard. I classic first day objective is Goalsevarri close to you accommodation

DAY 3

April 25th, Accommodation: Magic Mountain Lodge

A larger day objective will be either Dalstinden or Rundfjellet. This gets you about 1600m above the Ocean.

DAY 4

April 26th, Accommodation: The Vulkana

We check out of the Magic Mountain Lodge and travel back to Tromsø. There is some great skiing outside of the city that is easy to access and some very cool objectives on the way. After skiing we will drop off the rental vehicles and can then have a meal downtown at some amazing restaurants before we board the Vulkana at 8pm. With some Champaign in hand we enjoy an evening sail towards the norther part of the Lyngen Alps.

DAY 5

April 27th, Accommodation: The Vulkana

Wake up and pour yourself a cup of coffee. Eat breakfast and hear the briefing from the guide. Today we ski Storgalten. While everyone else skis the west face, we continue across to the other side and ski the rarely visited east side getting picked up by boat on the east shores of the Lyngen Alps.

DAY 6

April 28rd, Accommodation: Vulkana

Waking up in Hamnes on the Island of Uløya we ski one of the most classic mountains in the area. The views of the Lyngen Alps are the best on this 1100m decent to the ocean. From here we sail to Arnøya an island with a seasonal population of about 200.

DAY 7

April 29th, Accommodation: Vulkana

Another Classic view of the Lyngen Alps. This time from the North. This day has some cool adventuring at the summit. Ski down 1000m of powder or corn snow depending on the time of year for an early departure and much needed spa time.

DAY 8

April 30th, Accommodation: Vulkana

We dock in Finnkroken, a community out of time. There are houses that we can enter and see that have not been changed since the 1950's when they were abandoned. It shows just how Northern Norwegians lived just after the war. The few locals that live there are proud to maintain this time capsule and gladly show it. Our ski objective is just across the strait on a mountain called Ullstinden. This ski is only a half day; we need to depart and sail back to Tromsø around 1pm. Lunch on the boat today.

Evening of the Last day - We arrive at 2pm back to Tromsø and depart the Vulkana. It is recommended that you book one last night in Tromsø so that you can finish your trip with a night on the town.

** This is just an example itinerary**

A black and white photograph of a vast, rugged mountain range covered in snow. The peaks are sharp and jagged, with deep shadows in the crevices. The foreground shows a steep, snow-covered slope. The text "GET THE VIBE" is overlaid in the center in a bold, black, sans-serif font.

GET THE VIBE



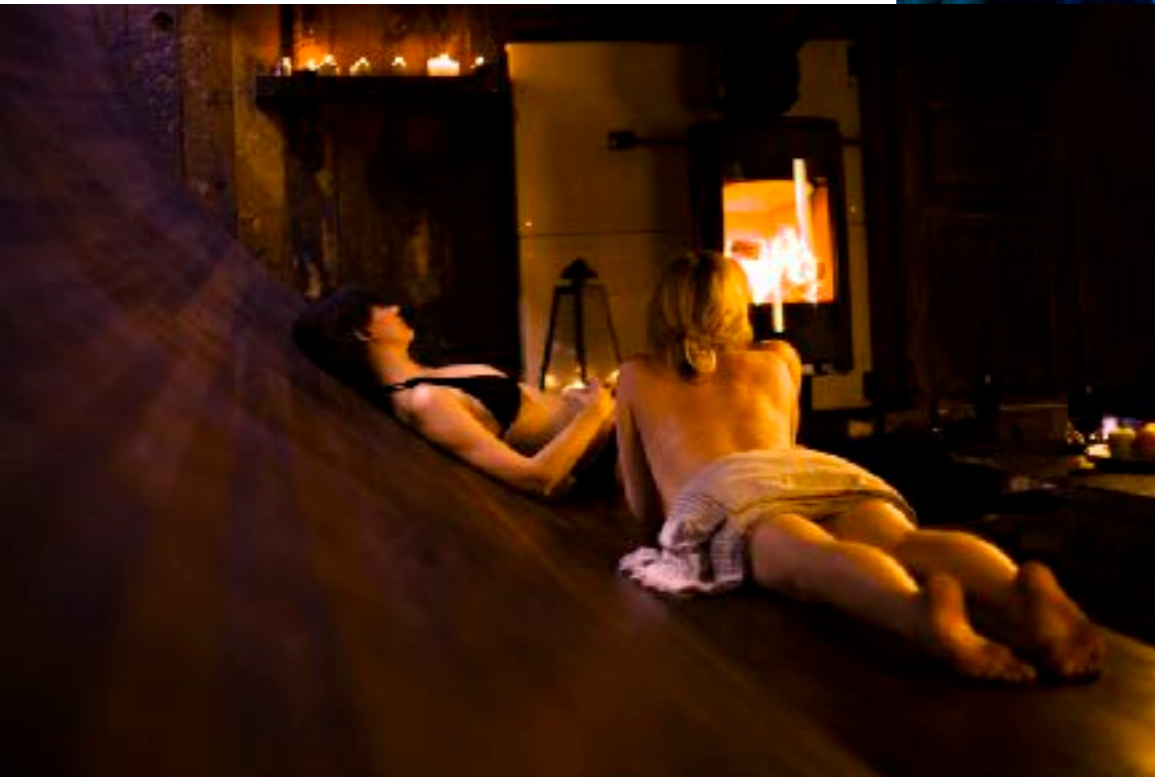
SUMMIT TO SEA

THERE'S A FEW PLACES IN THE WORLD WHERE YOU CAN GET THIS UNIQUE EXPERIENCE. SKI FROM THE TOP OF THE MOUNTAIN AND WHY NOT END IT WITH A SWIM?



VULKANA

**A FLOATING TURKISH HAMAM?
YES! YOU HEARD IT RIGHT. THIS
REFURBISHED OLD BEAUTY IS
SOMETHING ELSE..**





THE LIGHT

SLEEP IN, HAVE LUNCH & THEN GO FOR A SKI! IN MAY THE SUN NEVER SETS IN LYNGEN, GIVING YOU THE POSSIBILITY TO SKI ANY TIME YOU WANT. YES WE HAVE SKIED ALL NIGHT, HAD BREAKFAST AND GONE TO BED. PERFECT FOR JET-LAGGERS..





ARCTIC

69° NORTH WELL ABOVE THE ARCTIC CIRCLE. THIS PLACE HAS A LIFETIME OF SKIING AND STILL HASN'T BEEN EXPLOITED LIKE MANY OTHER PLACES.



UNIQUE EXPERIENCES

THIS IS WHERE
MEMORIES THAT LAST
A LIFETIME ARE
CREATED





VIEWS FOR DAYS

IT'S JUST
SPECTACULAR!
PERIOD!





WHEN, WHAT, HOW MUCH?

COST

Please see website for current prices.
Costs per person is based on 10 people

2024 TRIP DATES

See website for details

Securing the trip requires a 25% non-refundable deposit. Please visit our Cancellation Policy for more information and a Link to our custom Trip Cancellation Insurance.

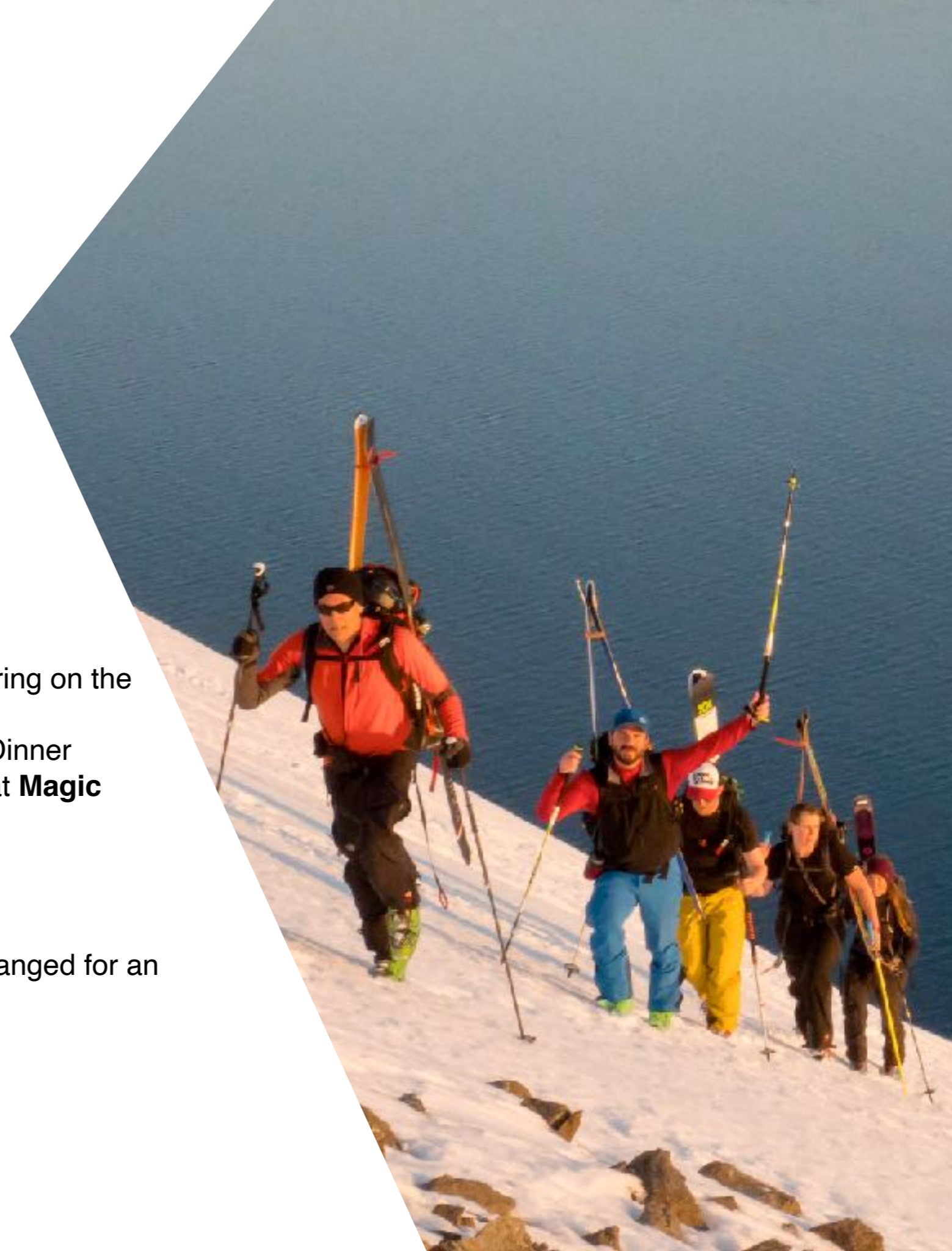
[INSURANCE LINK](#)

PRICE INCLUDES

- Guiding and logistic support for 8 days
- Access to some of the best ski mountaineering on the planet
- All accommodation, Breakfast, Lunch and Dinner
- 4 nights on the ship **Vulkana** and 3 nights at **Magic Mountain Lodge** in Lyngseidet

PRICE DOES NOT INCLUDE

- Alcohol
- Rental Vehicle for 3 nights - This can be arranged for an additional fee
- Flights to Tromsø
- Travel Insurance
- Equipment - See Packing List



ARRIVAL DAY

All members of the group will need to fly to the Tromsø international airport (TOS). Rental Vehicles can be picked up right at the airport. The Tromsø Airport is very small and very simple to get around in. All signs are in english and people are friendly and helpful. Getting to the vehicle rental kiosks is easy, it is about 100m away from the baggage claim.

If you arrive early we recommend booking the affordable Smart Hotel for your night. They have a gear storage room and space to organize your ski bags. Settle in for the night and explore the beautiful city of Tromsø.

1. If you are meeting your guide at the Vulkana please take a short taxi to the Vulkana Dock here: <https://goo.gl/maps/VWSWZ1CnY4G3prpn8> , we board the boat at 7pm.

2. If you are meeting your guide in Lyngen it is about a 1.5 hour drive to Lyngseidet with 1 ferry crossing. Your guide should be in contact with you when you arrive to help you with any issues. Otherwise please rent your vehicle and drive to Lyngseidet.





WHAT DO I BRING?

PLEASE DO NOT BRING EVERYTHING IN YOUR CLOSET!!

We strongly encourage you to bring as little as possible. During travel days we have to be able to fit everything into our vehicles and the boat so if you have too much stuff this can be difficult and very uncomfortable. We recommend tying down your ski bags to the roof of your rental vehicle with your glacier kit

Here is a list of what we recommend that you bring:

EQUIPMENT

- Touring skis or Split-board
- Skins
- Poles
- Boots
- **Ski Crampons**
- Boot Crampons

BACKPACK STUFF

- Transceiver
- Probe
- Shovel
- A proper day touring backpack.. 30-40 litres
- Camera
- Headlamp -unless your trip is the end of April
- Ski straps

TECHNICAL CLOTHES

- Down jacket - for when you are cold
- Gore Tex jacket - for going down
- Soft Shell jacket - for going up
- Ski pants - because you need pants
- Long underwear (top and bottom)
- Ski Socks x4 - stinky feet
- Thin Gloves
- Medium gloves
- Thick gloves
- Buff
- Goggles - windy
- Sunglasses - sunny
- Beanie
- Helmet

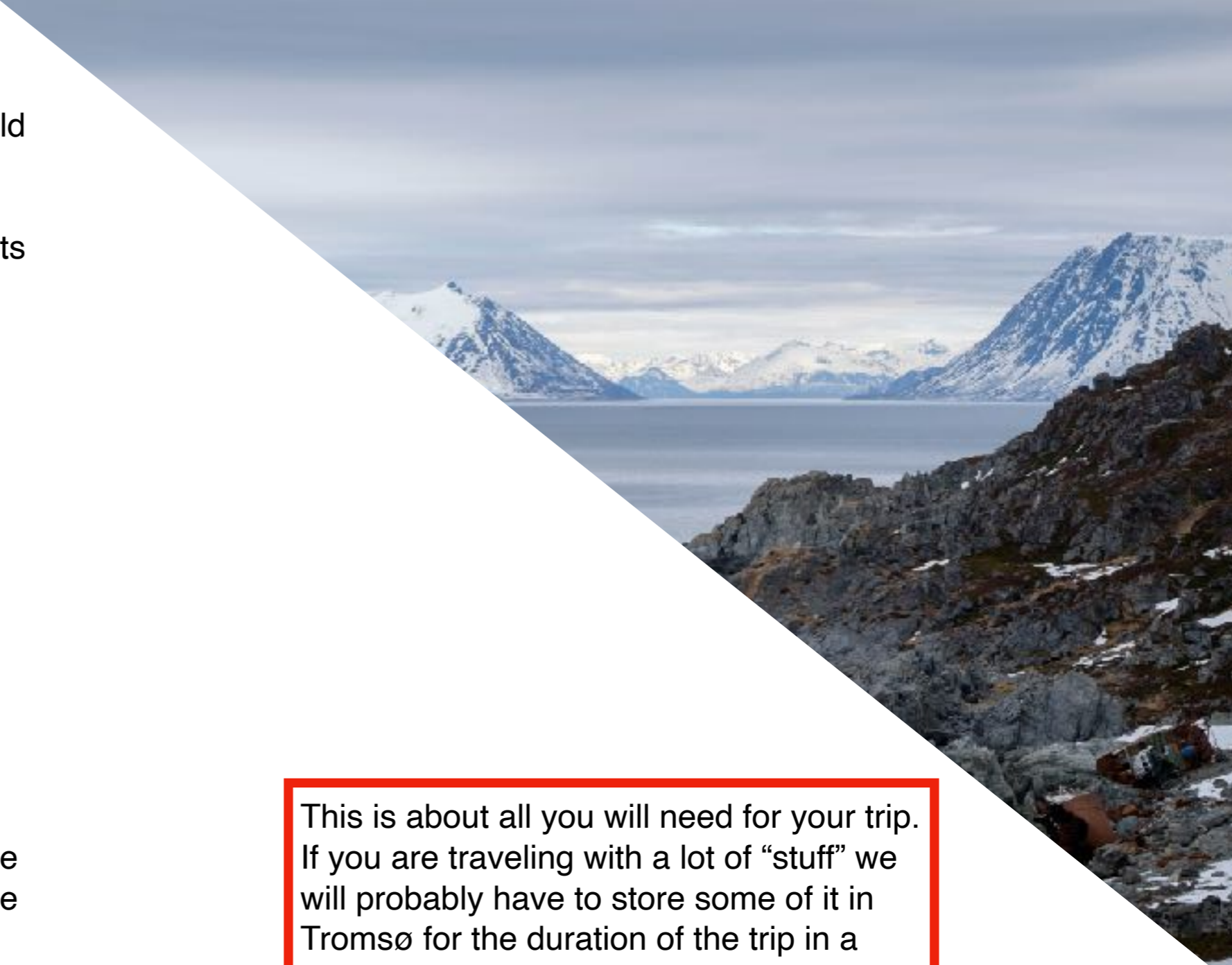
Glacial Travel Kit

- Light weight harness
- 2 locking carabiners
- 1x 5 meter 6mm Prussik Cordelette
- 1x 1 meter 6mm Prussik Cordelette
- Light Ice Axe

AFTER SKI STUFF

- 5 comfortable evening outfits.
- Toiletries
- Swim suits for the spa!
- Trail runners
- Winter boots if your trip is in March or Early April.
- Flip flops for the ski lodges (optional)

This is about all you will need for your trip. If you are traveling with a lot of “stuff” we will probably have to store some of it in Tromsø for the duration of the trip in a group bag. **PLEASE DO NOT BRING HARD CASE LUGGAGE - Duffle Bags Please.**





THE LITTLE THINGS..

OTHER IMPORTANT INFORMATION

MONEY

CREDIT CARDS - Good luck doing anything with cash in Norway.

DRIVERS LICENSE

If you plan on driving in Norway before or after our trip your drivers licence from Canada or the USA will work fine. Just make sure it is in English if you plan on crossing a boarder an international drivers licence will make things easier.

THE LANGUAGE

Norwegians speak better english than you. However, say “Takk” for thank you, it goes a long way.

GETTING AROUND

While in Tromsø getting around is pretty easy. Taxi and bus services are easy to navigate. If you want to save some money on Ferry and Bus tickets download the [Troms Mobillett](#) app. Your rental vehicle will give you the freedom to travel around.



RISK DISCLOSURE AND SAFETY

As much as we would like to say that our trips are 100% safe we cannot. Nobody can guarantee safety, and attempting to do so would strip the experience of the very elements that make it engaging and worthwhile. There is NO adventure without risk. There is nothing reckless about being exposed to risk. In order to become good at managing risk you must be exposed to it. True and quality risk management starts well before the actual action of risk mitigation occurs. We are more than happy to discuss our risk philosophy and management processes while on the up-track. Guests are encouraged to ask questions and have a duty to bring to attention anything they perceive as unsafe (no matter who it involves).

All of our guides are certified through the Association of Canadian Mountain Guides or other IFMGA mountain guide certified associations. They have at a minimum professional level avalanche training with 80hour advanced first aid training. All trips begin with a morning guides meeting that involves, but is not limited to, a thorough assessment of the weather, mountain hazards, specific avalanche hazard, group abilities, and risk assessment. All objectives may be planned in advance but are ultimately determined the morning of the trip. It is not uncommon to have plans change if the guide deems it necessary.

Other hazards and associated risks that you may be exposed to that are not inherent to mountain/wilderness environments are, but not limited too, winter driving conditions, food poisoning, infectious disease, self-inflicted alcohol impairment or poisoning (please drink responsibly on our trips), or any hazard that can be associated with international or domestic travel.

Our Guides are expert risk mitigators, but to blindly assume that our trips are risk free is ignorant.

By signing up to any of our trips you understand that there are inherent risks and agree to participate regardless. A digital participation agreement and release waiver of Liability is required for all participants to sign at the time of booking and then a paper copy will be signed after breakfast on the first day.

PLEASE contact us! We would love to talk about your trip
and answer any question you have.

Please Visit our website to book your trip now!

Book Now

Aurora Backcountry

+1 604 800 3478

info@aurorabackcountry.com

Instagram: @aurorabackcountry

